

HELPING NEW FARMERS SUCCEED

The Portland Growers Alliance is a new social enterprise helping beginning farmers to market and distribute fresh produce. We are a collaborative effort between Mercy Corps Northwest's refugee agriculture project and Grow Portland, a new grassroots urban agriculture organization.



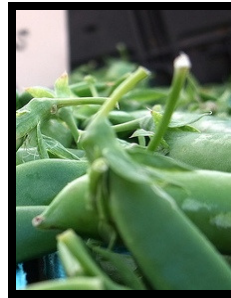
Our goals and values:

- * Build the local food economy
- * Promote ecological growing practices
- * Utilize vacant urban land for productive use
- * Harness the skills and potential of refugees and beginning farmers

Flavor • Health • Community

OUR GROWING PRACTICES

We use only natural and organic growing practices. This means that we use no synthetic or harmful pesticides, herbicides or fungicides. We use compost and cover crops to build the soil. Using natural practices enhances flavor, the environment and our health.



REFUGEE and BEGINNING FARMERS

Around 1000 refugees are resettled to Portland each year from all over the world including Africa, Asia and the former Soviet Union. Many have limited business education, but come with some growing experience along with the desire to learn and work hard. Mercy Corps Northwest provides the land, supplies, and training they need.

Many people in Portland are excited to grow and purchase local foods. Our goal is to also assist beginning American farmers to market their products. We are working to cultivate the potentials of this local food economy with a focus on good health and delicious taste.

2010 CSA

Portland Growers Alliance



Receive a box of fresh and delicious organic produce every Monday



GROW PORTLAND

CSA DETAILS

Members receive 14 weeks of produce for \$400. Each box includes 8-12 different vegetable varieties, enough to provide the weekly produce for 2-4 people.

Crops Include:

Tomatoes, Cucumbers, Green Beans

Broccoli, Lettuce, Carrots, Beets

Onions, Garlic, Cabbage and Herbs

We will also supplement boxes with spray-free berries and sweet corn from our land sponsor, Thompson Farms.

Box pick-up: 4-6pm each Monday

Dates: August 23 to November 22

Location: Mercy Corps Northwest's office in Old Town Portland, located at 43 SW Naito Parkway. We're accessible by MAX at the Skidmore Fountain stop. Parking is available on SW Ankeny.

- Share the harvest -

- Enjoy fresh produce -

- Support local food -

- Assist new and refugee growers-

What is community supported agriculture?

Farmers offer customers a share of the harvest at the start of the season. Members pay upfront and receive a box of fresh vegetables each week.

Benefits:

- Connect with and support local farmers. Support refugees and beginning farmers.
- Receive weekly boxes of ultra-fresh, delicious and seasonally harvested produce.
- Improve your health by incorporating fresh produce into your diet.
- Gain exposure to new vegetables and new ways of cooking.
- Learn about organic and local agriculture.
- Get kids excited to eat vegetables from "their" farm – even veggies they've been known to never eat!

PLUS More Choice

- Our CSA offers an additional choice of selections. Each box will contain several core items and a few additional options to choose from.

Tailor your CSA box to your own preferences!

2010 CSA Membership Form

I would love to receive fresh produce and support farmers in the Portland area! Sign me up for a Fall CSA share.

***\$400 for 14 weeks**

Name _____

Address _____

Phone _____

Email _____

*Payments are non-refundable, but boxes may be transferred to friends or family. Produce will vary by season and weather conditions.

Signature _____

Please make checks payable to **Grow Portland**. Mail this completed form and payment to:

Grow Portland

4065 N. Mississippi Ave. #3

Portland, OR 97227

Questions:

Contact David Beller, 503-477-2333